

Welcome to this month's Wellbeing Newsletter!

Please take a look below at our Wellbeing display located in the school hall. It includes information regarding all of our wellbeing activities in school.



# Getting Along Team Donaldson

Team Donaldson's getting Along group is thoroughly enjoyed by all the children who take part on a Friday afternoon. We work as a team, look after each other and draw some fantastic pictures!

This group has helped the children's confidence and resilience during the year. The stories are fantastic and help the children understand their feelings and emotions!



Supporting School Transitions

Every T.E.A.M at Stanley Crook have focussed on transition over the past few weeks. Some teams have completed worry bags, T Shirt memory posters plus end of year friendship poems. We think its extremely important to discuss transition and changes that may affect us!

Everyone has a chance to ask questions to our school councillors, who have been extremely supportive to everyone in school providing reassurance, that everything will be ok!!

#### P.E

P.E is very important in maintaining a positive mindset and keeping your body and mind healthy. Darren from 'Chance To Shine,' has taught us lots of skills like catching, bowling, aiming and also the rules of Diamond cricket.

" We have shown lots of good sportsmanship skills and worked really hard as a team."

Henrie Yr 4



Therapeutic Storywriting

This month in Story writing we received certificates and notebooks on completion of the 10-week course. We discussed as a group what we have enjoyed about the group, shared some of our amazing stories and spoke about the different emotions we often feel.

"I like to write stories in my notebook, my latest one is called 'The Dream You Never Had.'

Daniel Yr 6

Some examples of T.E.A.M Stanley Crook Primary's Wellbeing Work!



Volume 1 Issue 2

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Inside this issue:

Getting Along– Team Donaldson & Team Dahl

Transition/Moving forward

**Story Writing Awards** 

P.E– Education Enterprise Cricket-Darren

Examples of wellbeing work

BigFoot Arts
Education— Year 6

Dates to remember!

## 'Getting Along'

**Team Dahl** 

In Getting Along the past few weeks we have been looking at variety of topics – Patience, Families and Showing We Care.

We looked at why families are important, talking about the roles different people play in our lives and why we need our families and how they can help us. We also thought about ways families can show each other they care. We made some fantastic family portraits.

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#### Team Morpurgo – Year 6 Transition

We have worked with Zoe from **BigFoot Arts Education** on transition to year 7. We have talked about our concerns, what we are looking forward to and shared some of our favourite memories from Primary School. We would like to share some of our wonderful memories from Stanley Crook Primary School with you.

Some of our concerns we discussed were:

"I worry that everyone won't be kind." Kai Yr 6

"I hope I find my classes ok." Evie Yr 6

**Favourite memories from Stanley Crook Primary** 

"I have enjoyed making many friendships," Hannah Yr 6

" In year 3, I watched a football match in school with my friends."

Daniel Yr 6



T.E.A.M Stanley Crook Primary are taking part in this years *Place2Be Time Capsule Project*. It gives every child a chance to reflect on their experiences throughout lockdown and capture their own experiences. We hope that by taking part, it will help children share and normalise their Feelings. I know T.E.A.M Dahl are working hard to produce some fantastic artwork relating to their feelings and experiences during the difficult times over the past year!

"In T.E.A.M Cowell we have started our draft copies, full of great ideas and lists of coping strategies we use to make ourselves feel better!"

#### Jacob R Yr 3

Look out for our amazing stories!! on class dojo!





Team Cowell's new Wellbeing Champion.

"I love supporting and encouraging everyone in class!" Jorja Yr 3

# Places to go for support and advice on Mental Health & Wellbeing

https://www.nhs.uk/every-mind-matters/

https://youngminds.org.uk/







### **Coming Soon!**

Passport is a school based social emotional learning programme for 9 - 11 years. Stanley Crook Primary will start this programme in September 2021.

"Making comics makes me feel very calm and helps me to practice my drawings." Cormac Yr5