

Physical Development Progression



By the end of Autumn, reception children in Team Donaldson will be:

- Moving confidently and safely around the setting, managing transitions and lining up with growing independence
- Beginning to handle simple tools safely, showing increasing control and care
- Starting to take responsibility for their own self-care, such as using a tissue
- Experimenting with different ways of moving, such as climbing and balancing

By the end of Spring, reception children in Team Donaldson will be:

- Using a range of equipment and apparatus with confidence, building strength, balance, and coordination
- Showing greater control and precision when using different tools and resources
- Beginning to talk about the importance of making healthy choices
- Combining movements with increasing fluency, such as running, hopping, skipping, and jumping

By the end of EYFS, reception children in Team Donaldson will be:

- Holding pencils, paintbrushes, and scissors with confidence and control
- Able to understand what it means to live healthily and make positive choices for their wellbeing
- Taking part in and enjoy a wide range of physical activities indoors and outdoors
- Moving confidently in a range of ways, demonstrating coordination, strength, and spatial awareness